



Selection Criteria

Canadian Mountain Running 2011 National Teams



Selection for the 27th World Mountain Running Championships September 11th, 2011 in Tirana, Albania

Senior Athletes

Men:

- five men will be selected from the top 5 (or deeper if a spot is declined) at the Canadian Championships/Canmore Challenge on July 9th, 2011.
- one man will be selected by the committee “at-large” based on performances at the Canadian Championships, The USA/NACAC Championships, or other trail/road/track performances.

Women:

- three women will be selected from the top 3 (or deeper if a spot is declined) at the Canadian Championships/Canmore Challenge on July 9th, 2011.
- one woman will be selected by the committee “at-large” based on performances at the Canadian Championships, The USA/NACAC Championships, or other trail/road/track performances.

Junior Athletes

Note: Each junior athlete must nominate a chaperone (e.g. a parent or other responsible adult) who will accompany the team to Worlds. Multiple athletes may select the same chaperone, but at least one chaperone must accompany the team. Unfortunately, air travel expenses are the responsibility of the chaperone(s).

Men:

- the top male finisher in the junior race at the Canadian Championships/Canmore Challenge on July 9th, 2011
- up to three additional junior athletes selected from the top 4 (or deeper if a spot is declined), **IF** the athletes demonstrate ‘competitive readiness’

Women:

- the top female finisher in the junior race at the Canadian Championships/Canmore Challenge on July 9th, 2011
- up to two additional junior athletes selected from the top 3 (or deeper if a spot is declined), **IF** the athletes demonstrate ‘competitive readiness’

Competitive readiness

Competitive readiness will be determined by the selection committee based on at least the following: distance behind the winner, overall finishing times and potential placing at Worlds. The selection committee **reserves the right not to send any** junior athletes if it believes that no athlete would finish within 25% of the winning time at Worlds.



**Canadian Trail &
Mountain Running
Association**

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Selection must be accepted or declined by Wednesday July 20th, 2011 at noon.

If any of these athletes decline their selection, the remaining spots will be selected by the committee based on performances at the Canadian Championships, The USA/NACAC Championships, or other trail/road/track performances. Declarations for the at-large spots must be made by July 13th, 2011 to adrian.lambert@mountainrunning.ca

Funding:

Air Travel:

Prize money at the Canadian Championships (**amounts to be announced later**) will be awarded to the top four finishers who commit to the national team program for the World Championships.

Selection for the 8th NACAC Mountain Running Championships July 17th, 2011 in Ajicic, Mexico

Senior Athletes

Men:

- three men will be selected based on performances at the 2010 Canadian Mountain Running Championships and the 2010 World Mountain Running Championships.
- one man will be selected by the committee “at-large” based on performances at the Canadian Championships, The USA/NACAC Championships, or other trail/road/track performances.

Women:

- two women will be selected based on performances at the 2010 Canadian Mountain Running Championships and the 2010 World Mountain Running Championships.
- one woman will be selected by the committee “at-large” based on performances at the Canadian Championships, The USA/NACAC Championships, or other trail/road/track performances.

Selection must be accepted or declined by Saturday, April 30th, 2011 at noon.

Eligible athletes will be contacted by email prior to the selection date. Athletes wishing to qualify for the at-large spot must declare their intention to compete by **April 15th, 2011** by email to adrian.lambert@mountainrunning.ca

Selection for the 2nd Commonwealth Mountain Running Championships September 23rd – 25th, 2011 in Snowdon-Gwynedd, Great Britain

Note: Full meet information with regard to the Commonwealth Mountain Running Championships have not yet been released. Please check back at www.mountainrunning.ca for updates to this document in early March.



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Requirements for ALL Canadian Mountain Running team members

Eligibility:

ALL selected team members must be:

- (a) Canadian Citizens;
- (b) members of the Canadian Trail and Mountain Running Association; and
- (c) members of their provincial branch of Athletics Canada (e.g. BC Athletics, Athletics Alberta, etc.).

Good standing and good behavior:

All athletes must be in good standing with the Canadian Trail and Mountain Running Association and must agree to abide by Athletics Canada Code of Conduct while representing Canada. Breaches of the Code of Conduct may result in an athlete being ineligible for future national teams.

Links:

CTMRA: <http://www.mountainrunning.ca>

Athletics Canada: <http://www.athletics.ca>

Athletics Alberta: <http://www.athleticsalberta.com>

BC Athletics: <http://www.bcathletics.org>

Manitoba Athletics: <http://www.athleticsmanitoba.com>

Athletics New Brunswick: <http://www.anb.ca>

Newfoundland and Labrador Athletics: <http://www.nlaa.ca>

Sport North (North West Territories): <http://www.sportnorth.com>

Nova Scotia Athletics: <http://www.athleticsnovascotia.ca/>

Athletics Ontario: <http://www.athleticsontario.ca>

Sport PEI: <http://www.sportpei.pe.ca/>

Athletisme Quebec: <http://www.athletisme.qc.ca/>

Saskatchewan Athletics: <http://www.saskathletics.ca/>

Athletics Yukon: <http://www.athleticsyukon.ca/>

Selection:

The national teams will be selected by the Canadian Mountain Running selection committee, whose decision is final.

Questions

Please direct questions to Adrian Lambert: adrian.lambert@mountainrunning.ca

Last Updated: February 1st, 2011