



Selection Criteria Canadian Mountain Running 2014 National Teams



Selection for the 30th World Mountain Running Championships September 14th, 2014 in Casette di Massa, Italy

Senior Athletes

Men:

- five men will be selected from the top 5 (or deeper if a spot is declined) at the Canadian Championships in Golden, BC (Kicking Horse) on June 29, 2014.
- one man will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, the Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2013 and 2014.

Women:

- three women will be selected from the top 3 (or deeper if a spot is declined) at the Canadian Championships in Golden, BC (Kicking Horse) on June 29, 2014.
- one woman will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2013 and 2014.

Junior Athletes (16- to 19-years old as of 31 December, 2014)

Men:

- the top male finisher will be selected from the junior race at the Canadian Championships in Golden, BC (Kicking Horse) on June 29, 2014.
- up to three additional junior athletes selected from the top 4 (or deeper if a spot is declined) or based on performances at the Regional Mountain Running Qualifying Series, Canadian, World and NACAC Championships, or other trail/road/track races in 2013 and 2014, **IF** the athletes demonstrate ‘competitive readiness’

Women:

- the top female finisher will be selected from the junior race at the Canadian Championships in Golden, BC (Kicking Horse) on June 29, 2014.
- up to two additional junior athletes selected from the top 3 (or deeper if a spot is declined) or based on performances at the Regional Mountain Running Qualifying Series, Canadian, World and NACAC Championships, or other trail/road/track races in 2013 and 2014, **IF** the athletes demonstrate ‘competitive readiness’

Competitive readiness will be determined by the selection committee based on at least the following: distance behind the winner, overall finishing times and potential placing at Worlds. The selection committee **reserves the right not to send any** junior athletes if it believes that no athlete would finish within 25% of the winning time at Worlds.

Selection must be accepted or declined by Saturday, July 26th, 2014.

If any of these athletes decline their selection, the remaining spots will be selected by the committee based on performances during the 2013 mountain running season or other trail/road/track performances in 2014. Declarations for the at-large spots must be made by **Wednesday, July 23rd, 2014** to adrian.lambert@mountainrunning.ca

Note: See also the requirements for all Canadian national team members at the end of this document.



**Selection Criteria
Canadian Mountain Running
2014 National Teams**



**Selection for the 11th NACAC Mountain Running Championships
July 20th, 2014 in Ajijic, Mexico**

Senior Athletes

Men:

- three men will be selected from the top 3 (or deeper if a spot is declined) at the Canadian Championships in Golden, BC (Kicking Horse) on June 29, 2014.
- one man will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2013 and 2014.

Women:

- three women will be selected from the top 3 (or deeper if a spot is declined) at the Canadian Championships in Golden, BC (Kicking Horse) on June 29, 2014.
- one woman will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2013 and 2014.

Athletes wishing to qualify for the at-large spot **must submit an application** by **Wednesday, June 11th, 2014** by email to adrian.lambert@mountainrunning.ca

Selection must be accepted or declined by Saturday, June 14th, 2014.

Eligible athletes from the Canadian Championships will be contacted by email prior to the selection date.

Note: See also the requirements for all Canadian national team members at the end of this document. Note that unlike the Worlds Mountain Running Team, athletes who wish to compete at the NACAC Mountain Running Team are **not** required to be members of Athletics Canada.



Selection Criteria
Canadian Mountain Running
2014 National Teams



**Selection for the 11th World Long Distance Mountain Running
Challenge**
August 16th, 2014 at Pikes Peak in Manitou Springs, Colorado, USA

Senior Athletes

Men:

- three men will be selected based on the top three finishers at the Canadian Long Distance Mountain Running Championships at the 5Peaks TrailStoke race in Revelstoke, BC on July 19th, 2014;
- two men will be selected by the committee “at-large” based on performances in any trail ultra, trail marathon or other long distance trail running races in 2013 or 2014, and based on results from the Regional Mountain Running Qualifying Series, Canadian Mountain Running Championships, NACAC Mountain Running Championships and World Mountain Running Championships in 2013 or 2014. If you are relying on race results from 2013, please also include more recent results which establish your current fitness from 2014.

Women:

- three women will be selected based on the top three finishers at the Canadian Long Distance Mountain Running Championships at the 5Peaks TrailStoke race in Revelstoke, BC on July 19th, 2014;
- two women will be selected by the committee “at-large” based on performances in any trail ultra, trail marathon or other long distance trail running races in 2013 or 2014, and based on results from the Regional Mountain Running Qualifying Series, Canadian Mountain Running Championships, NACAC Mountain Running Championships and World Mountain Running Championships in 2013 or 2014. If you are relying on race results from 2013, please also include more recent results which establish your current fitness from 2014.

Athletes wishing to qualify for the team **must submit their results and apply** by **Wednesday, July 23rd, 2014** by email to adrian.lambert@mountainrunning.ca

Selection must be accepted or declined by Saturday, July 26th, 2014.

Note: See also the requirements for all Canadian national team members at the end of this document. Note that unlike other national teams, athletes who wish to compete at the World Long Distance Mountain Running Challenge are **not** required to be members of Athletics Canada.



Selection Criteria Canadian Mountain Running 2014 National Teams



Requirements for ALL Canadian Mountain Running team members

Eligibility:

ALL selected team members **must** be:

- (a) Canadian Citizens; and
- (b) members of the Canadian Mountain Running Association.

In addition, all athletes competing at the World Mountain Running Championships **must** be:

- (c) members of their provincial branch of Athletics Canada (e.g. BC Athletics, Athletics Alberta, Athletics Ontario, Fédération Québécoise d'Athlétisme, etc.).

Good standing and good behavior:

All athletes must be in good standing with the Canadian Mountain Running Association and must agree to abide by Athletics Canada Code of Conduct while representing Canada. Breaches of the Code of Conduct may result in an athlete being ineligible for future national teams.

Links:

Canadian Mountain Running Association: <http://www.mountainrunning.ca>

Athletics Canada: <http://www.athletics.ca>

Athletics Alberta: <http://www.athleticsalberta.com>

BC Athletics: <http://www.bcathletics.org>

Manitoba Athletics: <http://www.athleticsmanitoba.com>

Athletics New Brunswick: <http://www.anb.ca>

Newfoundland and Labrador Athletics: <http://www.nlaa.ca>

Sport North (North West Territories): <http://www.sportnorth.com>

Nova Scotia Athletics: <http://www.athleticsnovascotia.ca/>

Athletics Ontario: <http://www.athleticsontario.ca>

Sport PEI: <http://www.sportpei.pe.ca/>

Athlétisme Quebec: <http://www.athlétisme.qc.ca/>

Saskatchewan Athletics: <http://www.saskathletics.ca/>

Athletics Yukon: <http://www.athleticsyukon.ca/>

Selection:

The national teams will be selected by the Canadian Mountain Running selection committee, whose decision is final.

Questions

Please direct questions to Adrian Lambert: adrian.lambert@mountainrunning.ca

Revisions

Subject to change without notice.

Last Updated: March 4th, 2014