



Selection Criteria Canadian Mountain Running



2015 National Teams

Selection for the 31st World Mountain Running Championships September 19th, 2015 in Betws-y-Coed, Wales

Senior Athletes

Men:

- five men will be selected from the top 5 (or deeper if a spot is declined) at the Canadian Championships in Vancouver, BC (Cypress Mountain) on July 18, 2015.
- one man will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, the Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2014 and 2015.

Women:

- three women will be selected from the top 3 (or deeper if a spot is declined) at the Canadian Championships in Vancouver, BC (Cypress Mountain) on July 18, 2015.
- one woman will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2014 and 2015.

Junior Athletes (16- to 19-years old as of 31 December, 2015)

Men:

- the top male finisher will be selected from the junior race at the Canadian Championships in Vancouver, BC (Cypress Mountain) on July 18, 2015.
- up to three additional junior athletes selected from the top 4 (or deeper if a spot is declined) or based on performances at the Regional Mountain Running Qualifying Series, Canadian, World and NACAC Championships, or other trail/road/track races in 2014 and 2015, **IF** the athletes demonstrate ‘competitive readiness’

Women:

- the top female finisher will be selected from the junior race at the Canadian Championships in Vancouver, BC (Cypress Mountain) on July 18, 2015.
- up to two additional junior athletes selected from the top 3 (or deeper if a spot is declined) or based on performances at the Regional Mountain Running Qualifying Series, Canadian, World and NACAC Championships, or other trail/road/track races in 2014 and 2015, **IF** the athletes demonstrate ‘competitive readiness’

Competitive readiness will be determined by the selection committee based on at least the following: distance behind the winner, overall finishing times and potential placing at Worlds. The selection committee **reserves the right not to send any** junior athletes if it believes that no athlete would finish within 25% of the winning time at Worlds.

Selection must be accepted or declined by Saturday, August 1st, 2015.

If any of these athletes decline their selection, the remaining spots will be selected by the committee based on performances during the 2014 mountain running season or other trail/road/track performances in 2015. Declarations for the at-large spots must be made by **Wednesday, July 22nd, 2015** to adrian.lambert@mountainrunning.ca

Note: See also the requirements for all Canadian national team members at the end of this document.



Selection Criteria Canadian Mountain Running 2015 National Teams



Selection for the 12th NACAC Mountain Running Championships July 18th, 2015 in Vancouver, BC

Senior Athletes

Men:

- four men will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2014 and 2015.

Women:

- four women will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2014 and 2015.


Athletes wishing to qualify for the at-large spot **must submit an application** by **Wednesday, June 24th, 2015** by email to adrian.lambert@mountainrunning.ca

Note: Preference will be given to athletes who have mountain running experience, including experience in previous national and international mountain running competitions, including the national championships and the regional mountain running qualifying series.

Selection must be accepted or declined by Saturday, June 27th, 2015.

Note: See also the requirements for all Canadian national team members at the end of this document. Note that unlike the Worlds Mountain Running Team, athletes who wish to compete at the NACAC Mountain Running Team are **not** required to be members of Athletics Canada.



Selection Criteria
Canadian Mountain Running  **5 PEAKS**
2015 National Teams

**Selection for the 12th World Long Distance Mountain Running
Challenge**

July 4th, 2015 at the Zermatt Marathon in Zermatt, Switzerland

Senior Athletes

Men:

- three men will be selected based on the top three finishers at the Canadian Long Distance Mountain Running Championships at the Kal Park 50km Dirty Feet race in Vernon, BC on May 3rd, 2015;
- two men will be selected by the committee “at-large” based on performances in any trail ultra, trail marathon or other long distance trail running races in 2014 or 2015, and based on results from the Regional Mountain Running Qualifying Series, Canadian Mountain Running Championships, NACAC Mountain Running Championships and World Mountain Running Championships in 2014 or 2015. If you are relying on race results from 2014, please also include more recent results which establish your current fitness from 2015.

Women:

- three women will be selected based on the top three finishers at the Canadian Long Distance Mountain Running Championships at the Kal Park 50km Dirty Feet race in Vernon, BC on May 3rd, 2015;
- two women will be selected by the committee “at-large” based on performances in any trail ultra, trail marathon or other long distance trail running races in 2014 or 2015, and based on results from the Regional Mountain Running Qualifying Series, Canadian Mountain Running Championships, NACAC Mountain Running Championships and World Mountain Running Championships in 2014 or 2015. If you are relying on race results from 2014, please also include more recent results which establish your current fitness from 2015.

Athletes wishing to qualify for the team **must submit their results and apply** by **Sunday, May 3rd, 2015** by email to adrian.lambert@mountainrunning.ca

Selection must be accepted or declined by Monday, May 4th, 2015.

Note: See also the requirements for all Canadian national team members at the end of this document. Note that unlike other national teams, athletes who wish to compete at the World Long Distance Mountain Running Challenge are **not** required to be members of Athletics Canada.



Selection Criteria

Canadian Mountain Running 5 PEAKS trail running series

2015 National Teams

Requirements for ALL Canadian Mountain Running team members

Eligibility:

ALL selected team members **must** be:

- (a) Canadian Citizens; and
- (b) members of the Canadian Mountain Running Association.

In addition, all athletes competing at the World Mountain Running Championships **must** be:

- (c) members of their provincial branch of Athletics Canada (e.g. BC Athletics, Athletics Alberta, Athletics Ontario, Fédération Québécoise d'Athlétisme, etc.).

Good standing and good behavior:

All athletes must be in good standing with the Canadian Mountain Running Association and must agree to abide by Athletics Canada Code of Conduct while representing Canada. Breaches of the Code of Conduct may result in an athlete being ineligible for future national teams.

Links:

Canadian Mountain Running Association: <http://www.mountainrunning.ca>

Athletics Canada: <http://www.athletics.ca>

Athletics Alberta: <http://www.athleticsalberta.com>

BC Athletics: <http://www.bcathletics.org>

Manitoba Athletics: <http://www.athleticsmanitoba.com>

Athletics New Brunswick: <http://www.anb.ca>

Newfoundland and Labrador Athletics: <http://www.nlaa.ca>

Sport North (North West Territories): <http://www.sportnorth.com>

Nova Scotia Athletics: <http://www.athleticsnovascotia.ca/>

Athletics Ontario: <http://www.athleticsontario.ca>

Sport PEI: <http://www.sportpei.pe.ca/>

Athletisme Quebec: <http://www.athletisme.qc.ca/>

Saskatchewan Athletics: <http://www.saskathletics.ca/>

Athletics Yukon: <http://www.athleticsyukon.ca/>

Selection:

The national teams will be selected by the Canadian Mountain Running selection committee, whose decision is final.

Questions

Please direct questions to Adrian Lambert: adrian.lambert@mountainrunning.ca

Revisions

Subject to change without notice.

Last Updated: March 19th, 2015