



Selection Criteria Canadian Mountain Running 2018 National Teams



Selection Criteria for the 34th World Mountain Running Championships September 16th, 2018 in Canillo, Andorra

Senior Athletes

Men:

- The top three men at the **Canadian Mountain Running Championships** in **Golden, BC** on **June 9th, 2018** will be automatically selected for the World Championship team.
- If one or more of the automatic qualifiers decline their spots, additional athletes will be selected based on the “at-large” criteria, with a preference for those who competed at the national championships.
- One man will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, the Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2017 and 2018.

Women:

- The top three women at the **Canadian Mountain Running Championships** in **Golden, BC** on **June 9th, 2018** will be automatically selected for the World Championship team.
- If one or more of the automatic qualifiers decline their spots, additional athletes will be selected based on the “at-large” criteria, with a preference for those who competed at the national championships
- One woman will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2017 and 2018.

Junior Athletes (16- to 19-years old as of 31 December, 2018)

Men:

- the top male finisher will be selected from the junior race at the **Canadian Mountain Running Championships** in **Golden, BC** on **June 9th, 2018**.
- up to three additional junior athletes selected from the top 4 (or deeper if a spot is declined) or based on performances at the Regional Mountain Running Qualifying Series, Canadian, World and NACAC Championships, or other trail/road/track races in 2017 and 2018, **IF** the athletes demonstrate ‘competitive readiness’

Women:

- the top female finisher will be selected from the junior race at the **Canadian Mountain Running Championships** in **Golden, BC** on **June 9th, 2018**.
- up to three additional junior athletes selected from the top 4 (or deeper if a spot is declined) or based on performances at the Regional Mountain Running Qualifying Series, Canadian, World and NACAC Championships, or other trail/road/track races in 2017 and 2018, **IF** the athletes demonstrate ‘competitive readiness’

Competitive readiness will be determined by the selection committee based on at least the following: distance behind the winner, overall finishing times and potential placing at Worlds. The selection committee **reserves the right not to send any** junior athletes if it believes that no athlete would finish within 25% of the winning time at Worlds.

Declarations for the at-large spots must be made by **Sunday, June 10th, 2018** to adrian.lambert@mountainrunning.ca

Selection must be accepted or declined by Saturday, June 23rd, 2018.

Note: See also the requirements for all Canadian national team members at the end of this document.



Selection Criteria Canadian Mountain Running 2018 National Teams



Selection for the 14th NACAC Mountain Running Championships July 8th, 2018 in New Hampshire, USA

Men:

- The top two men at the **Canadian Mountain Running Championships in Golden, BC on June 9th, 2018** will be automatically selected for the World Championship team.
- If one or more of the automatic qualifiers decline their spots, additional athletes will be selected based on the “at-large” criteria, with a preference for those who competed at the national championships.
- Two or more men will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, the Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2017 and 2018.

Women:

- The top two women at the **Canadian Mountain Running Championships in Golden, BC on June 9th, 2018** will be automatically selected for the World Championship team.
- If one or more of the automatic qualifiers decline their spots, additional athletes will be selected based on the “at-large” criteria, with a preference for those who competed at the national championships.
- Two or more women will be selected by the committee “at-large” based on performances at the Regional Mountain Running Qualifying Series, Canadian Championships, World Championships, NACAC Championships, or other trail/road/track race in 2017 and 2018.

Declarations for the at-large spots must be made by **Sunday, June 10th, 2018** to adrian.lambert@mountainrunning.ca

Selection must be accepted or declined by Saturday, June 23rd, 2018.

Note: See also the requirements for all Canadian national team members at the end of this document. Note that unlike the Worlds Mountain Running Team, athletes who wish to compete at the NACAC Mountain Running Team are **not** required to be members of Athletics Canada.



Selection Criteria Canadian Mountain Running 2018 National Teams



Selection for the 15th WMRA Long Distance Mountain Running Championships June 24th, 2018 in Karpacz, Poland

Senior Athletes

Men:

- three men will be selected based on the top three finishers at the **Canadian Long Distance Mountain Running Championships** at the Kal Park 50km Dirty Feet race in **Vernon, BC** on **May 6th, 2018**;
- up to two or more men will be selected by the committee “at-large” based on performances in any trail ultra, trail marathon or other long distance trail running races in 2017 or 2018, and based on results from the Regional Mountain Running Qualifying Series, Canadian Mountain Running Championships, NACAC Mountain Running Championships and World Mountain Running Championships in 2017 or 2018. If you are relying on race results from 2017, please also include more recent results which establish your current fitness from 2018.

Women:

- three women will be selected based on the top three finishers at the **Canadian Long Distance Mountain Running Championships** at the Kal Park 50km Dirty Feet race in **Vernon, BC** on **May 6th, 2018**;
- up to two or more women will be selected by the committee “at-large” based on performances in any trail ultra, trail marathon or other long distance trail running races in 2017 or 2018, and based on results from the Regional Mountain Running Qualifying Series, Canadian Mountain Running Championships, NACAC Mountain Running Championships and World Mountain Running Championships in 2017 or 2018. If you are relying on race results from 2017, please also include more recent results which establish your current fitness from 2018.

Athletes wishing to qualify for the team **must submit their results and apply** by **Sunday, May 13th, 2018** by email to adrian.lambert@mountainrunning.ca

Selection must be accepted or declined by Sunday, May 20th, 2018.

Note: See also the requirements for all Canadian national team members at the end of this document. Note that unlike other national teams, athletes who wish to compete at the World Long Distance Mountain Running Challenge are **not** required to be members of Athletics Canada.



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Requirements for ALL Canadian Mountain Running team members

Eligibility:

ALL selected team members **must** be:

- (a) Canadian Citizens; and
- (b) members of the Canadian Mountain Running Association.

In addition, all athletes competing at the World Mountain Running Championships **must** be:

- (c) members of their provincial branch of Athletics Canada (e.g. BC Athletics, Athletics Alberta, Athletics Ontario, Fédération Québécoise d'Athlétisme, etc.).

Good standing and good behavior:

All athletes must be in good standing with the Canadian Mountain Running Association and must agree to abide by Athletics Canada Code of Conduct while representing Canada. Breaches of the Code of Conduct may result in an athlete being ineligible for future national teams.

Links:

Canadian Mountain Running Association: <http://www.mountainrunning.ca>

Athletics Canada: <http://www.athletics.ca>

Athletics Alberta: <http://www.athleticsalberta.com>

BC Athletics: <http://www.bcathletics.org>

Manitoba Athletics: <http://www.athleticsmanitoba.com>

Athletics New Brunswick: <http://www.anb.ca>

Newfoundland and Labrador Athletics: <http://www.nlaa.ca>

Sport North (North West Territories): <http://www.sportnorth.com>

Nova Scotia Athletics: <http://www.athleticsnovascotia.ca/>

Athletics Ontario: <http://www.athleticsontario.ca>

Sport PEI: <http://www.sportpei.pe.ca/>

Athletisme Quebec: <http://www.athletisme.qc.ca/>

Saskatchewan Athletics: <http://www.saskathletics.ca/>

Athletics Yukon: <http://www.athleticsyukon.ca/>

Selection:

The national teams will be selected by the Canadian Mountain Running selection committee, whose decision is final.

Questions

Please direct questions to Adrian Lambert: adrian.lambert@mountainrunning.ca

Revisions

Subject to change without notice.

Last Updated: March 2nd, 2018